



RACE NOTICE – BC Cup 2

RACE EVENTS: Saturday, January 12th, 2013 Individual Sprint – Classic Technique
Sunday, January 13th, 2013 Interval Start – Free Technique

LOCATION: Telemark Nordic Centre, West Kelowna, BC

HOSTED BY: Telemark Nordic Club

SANTIONED BY: Cross Country Canada (CCC) and Cross Country BC

RULES: For the BC Cup Series Technical Guidelines please refer to the CCBC web-site :
<http://www.crosscountrybc.ca/main.asp?cmd=doc&ID=3355>

COMPETITION	Chief of Competition:	David Lloyd	dllloyd46@gmail.com	250-862-5108
COMMITTEE:	Chief of Course:	James Williams	jilljames@shaw.ca	250-768-5908
	Chief of Stadium:	Brian Riphagen	sbriphagen@yahoo.ca	250-768-5520
	Chief of Timing:	Denis Brown	dgbrown@telus.net	250-494-4465
	Competition Secretary:	Jillian Stamp	jcstamp@okanagan.bc.ca	250-979-1255
	Sponsorship/Media:	Scott Davis	sdavis@telus.net	
	Technical Delegate:	Dan Miller		

EVENT WEB-SITE: Information on all event details is at <http://telemarkracers.org/>

REGISTRATION: Registration and fee payment is on-line only at <https://zone4.ca/onlinereg.asp?id=5178&lan=1>

If you experience any difficulties or have questions about registration please contact the Competition Secretary Jillian Stamp by phone 250-979-1255.

Event Participation Waiver must be completed as part of the on-line registration.

RACE ENTRY DEADLINE: Entry deadline is: **Monday, January 7th, 2013 AT MIDNIGHT PST**

LATE ENTRIES WILL BE ACCEPTED up until Wednesday, January 9th Noon PST and will be subject to a \$20 per race late entry fee. Also, late registrations will not be seeded. Please contact the Competition Secretary for more information.

LICENCES: All competitors skiing in **Juvenile, Junior, Open and Masters** categories must have at least one of the following licences:

- CCC Racing Licence
- FIS Licence
- Other National Ski Licence
- CCC Supporting Day Member Licence (Note: can be ordered as part of the on-line registration at a cost of \$5.00 per race day)

Competitors in **MIDGET AND YOUNGER** classes do not need a licence to compete but must be members in good standing of a CCC club. If they are not CCC club members, participants must pay \$5.00 to join the hosting club, Telemark Nordic Club, in order to enter in this competition. Names of new club members will be registered with CCBC to meet the insurance requirements.

SEEDING: Competitors in the Senior Men and Junior Men categories and those in the Senior Women and Junior Women will be combined for seeding purposes and will compete as a single Open competition. The categories will be separated into Open and Junior for results and awards/prizes. The current Canada Points List (CPL) for both distance and sprint competitions will be used.

There will be no seeding for categories that do not require a racing licence (e.g., Midgets). Order of start will be by random draw.

REFUNDS: Refunds will only be issued for those competitors who withdraw from the race prior to the race entry deadline of January 7th at midnight.

RACE FORMATS: *Please see competition schedule for race formats, distances, categories and fees.*
Classic Sprints: The start order for the qualifying time trial for Juvenile and older categories will be based on distance CPL where the skier with the best points starts last. The start order for Midget and younger categories will be by random draw.

The Sprint Competition will consist of a qualification time trial of all skiers in each category followed by Sprint Heats where all finishers in the qualifying time trial will advance to the first round of heats (i.e., quarterfinal heats). Categories will be combined for heats. For example, Midget Boys 1 and 2 will be combined and ski together as one Midget Boys sprint heat.

Based on historically low registration number for Masters in the Sprint event, this year, as a trial, we are offering all Masters' categories an alternative to Sprints. Scheduled instead are short distance courses, Men skiing 5.0 km and Women skiing 3.5 km. Skiers will start during the same race as the Sprint time trial. Masters skiers are welcome to register in and ski in the Open Sprint category if they choose.

Individual Start Free Technique: The start order for Juvenile and older categories will be based on distance CPL where the skier with the best points starts last. The start order for Midget and younger categories will be by random draw.

START LISTS: Start lists for each day of racing will be posted at the Telemark Chalet and available on-line at www.zone4.ca.

RACE OFFICE: The event race office will be in the downstairs of the Telemark Chalet. Hours are as follows: Friday afternoon, Saturday & Sunday.

BIB PICK-UP: Bibs for each day of racing will be distributed from the Race Office beginning at 7:30AM.

AWARDS: As we have a new series sponsor, there are new Teck sponsored awards for ages 14 and under. All Atoms will receive a special Teck participant ribbon. Awards for ages 15 and over will be provided by Telemark. Awards ceremony will occur directly after each day of racing.

CONCESSION: There will be a concession available.

- FACILITIES:** There is a day lodge at the race site. In addition, one of the machine sheds will be available for shelter. Portable toilets will be located close to the stadium area.
- TRAIL FEES:** Trail fees will be waived for all competitors, coaches and assistant coaches on each race day and on the official training day, Friday, January 11th. Passes must be picked-up at the Telemark office and displayed while using the facilities.
- WAX FACILITIES:** Outdoor electrical outlets are available on the roadway leading from the parking lot to the stadium. Waxing is not permitted in the day lodge. Additional power will be made available from the 'old' groomer shed, located nearest to the Telemark chalet, however, it is on a first come, first 'plugged-in' basis. Teams are encouraged to bring portable generators.
- A limited number of tents will be set-up for teams to use for waxing, however, teams are encouraged to bring their own tent. Participants/Teams are responsible for cleaning up their waxing area.
- WAX TESTING:** NO WAX TESTING ALLOWED on the Sprint Course for Saturday's competition. No exceptions.
- A wax testing area will be designated.
- COURSE MAPS:** Course maps are available on the event web-site <http://telemarkracers.org/>
- WEATHER:** Call 250-768-1494 prior to the race for trail and snow conditions or visit <http://www.telemarkx-c.com>
- ACCOMMODATION:**



Holiday Inn in West Kelowna: Conveniently located 15 km from the Telemark trails at 2569 Dobbin Rd. A preferred group rate of \$89 has been established for this event.

Contact the Holiday Inn directly at 250-768-8879 or Toll free: 1-877-660-8550.

COMPETITION SCHEDULE

Individual Sprints - Classic Technique

Date: Saturday, January 12th, 2013

Qualification Time Trial Start: 9:00 AM

CATEGORY	YEAR OF BIRTH	DISTANCE	FEE (includes trail fee)
<u>Atom Boys</u> AB1 AB2 AB3	2007 2006 2005	150 m	\$10.00
<u>Atom Girls</u> AG1 AG2 AG3	2007 2006 2005	150 m	\$10.00
<u>Peewee Boys</u> PB1 PB2	2004 2003	150 m	\$15.00
<u>Peewee Girls</u> PG1 PG2	2004 2003	150 m	\$15.00
<u>Bantam Boys</u> BB1 BB2	2002 2001	250 m	\$15.00
<u>Bantam Girls</u> BG1 BG2	2002 2001	250 m	\$15.00
<u>Midget Boys</u> MB1 MB2	2000 1999	400 m	\$15.00
<u>Midget Girls</u> MG1 MG2	2000 1999	400 m	\$15.00
<u>Juvenile Boys</u> JVB1 JVB2	1998 1997	600 m	\$20.00
<u>Juvenile Girls</u> JVG1 JVG2	1998 1997	600 m	\$20.00
<u>Junior Boys</u> JB1 JB2	1996 1995	1,200 m	\$20.00
<u>Junior Girls</u> JG1 JG2	1996 1995	1,200 m	\$20.00
<u>Junior Men</u> JM1 JM2	1994 1993	1,200 m	\$20.00
<u>Junior Women</u> JW1 JW2	1994 1993	1,200 m	\$20.00
<u>Open Men</u> U 23 23+	1990 & later 1989 & earlier	1,200 m	\$25.00
<u>Open Women</u> U23 23+	1990 & later 1989 & earlier	1,200 m	\$25.00
<u>Master Men *</u>	1982 and earlier	5.0 km	\$20.00
<u>Master Women *</u>	1982 and earlier	3.5 km	\$20.00
ParaNordic Sit Ski Men		1,200 m	\$20.00
ParaNordic Sit Ski Women		1,200 m	\$20.00
ParaNordic Standing Men		1,200 m	\$20.00
ParaNordic Standing Women		1,200 m	\$20.00

**Masters Age Categories will be offered in 10 year increments from 30-39 up to 70+ and will ski a distance race as opposed to the Sprint race.*

Interval Start - Free Technique

Date: Sunday, January 13th, 2013

Start Time: 10:00 AM

CATEGORY	YEAR OF BIRTH	DISTANCE	FEE (includes trail fee)
<u>Atom Boys</u> AB1 AB2 AB3	2007 2006 2005	1.0 km	\$10.00
<u>Atom Girls</u> AG1 AG2 AG3	2007 2006 2005	1.0 km	\$10.00
<u>Peewee Boys</u> PB1 PB2	2004 2003	1.5 km	\$15.00
<u>Peewee Girls</u> PG1 PG2	2004 2003	1.5 km	\$15.00
<u>Bantam Boys</u> BB1 BB2	2002 2001	2.0 km	\$15.00
<u>Bantam Girls</u> BG1 BG2	2002 2001	2.0 km	\$15.00
<u>Midget Boys</u> MB1 MB2	2000 1999	2 x 2.0 km	\$15.00
<u>Midget Girls</u> MG1 MG2	2000 1999	2 x 2.0 km	\$15.00
<u>Juvenile Boys</u> JVB1 JVB2	1998 1997	2 x 3.5 km	\$20.00
<u>Juvenile Girls</u> JVG1 JVG2	1998 1997	2 x 2.7 km	\$20.00
<u>Junior Boys</u> JB1 JB2	1996 1995	2 x 5.0 km	\$20.00
<u>Junior Girls</u> JG1 JG2	1996 1995	2 x 3.5 km	\$20.00
<u>Junior Men</u> JM1 JM2	1994 1993	2 x 5.0 km	\$20.00
<u>Junior Women</u> JW1 JW2	1994 1993	2 x 3.5 km	\$20.00
<u>Open Men</u> U 23 23+	1990 & later 1989 & earlier	2 x 5.0 km	\$25.00
<u>Open Women</u> U23 23+	1990 & later 1989 & earlier	2 x 3.5 km	\$25.00
<u>Master Men *</u>	1982 and earlier	2 x 5.0 km	\$30.00
<u>Master Women *</u>	1982 and earlier	2 x 3.5 km	\$30.00
<u>ParaNordic Sit Ski Men</u>		3 x 1.5 km	\$20.00
<u>ParaNordic Sit Ski Women</u>		3 x 1.5 km	\$20.00
<u>ParaNordic Standing Men</u>		3 x 1.5 km	\$20.00
<u>ParaNordic Standing Women</u>		3 x 1.5 km	\$20.00

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