

## RACE NOTICE – 2018 Teck BC Championships

- RACE EVENTS:**
- |  |          |                                    |
|--|----------|------------------------------------|
| Friday, February 16 <sup>th</sup> , 2018   | 11:00 am | Mass Start – Free Technique        |
| Saturday, February 17 <sup>th</sup> , 2018 | 10:00 am | Interval Start – Classic Technique |
| Sunday, February 18 <sup>th</sup> , 2018   | 10:00 am | Relay – Free Technique             |
- LOCATION:** Telemark Nordic Centre, West Kelowna, BC
- HOSTED BY:** Telemark Nordic Club
- SANCTIONED BY:** Cross Country Canada (CCC) and Cross Country BC
- RULES:** FIS ICR – CCR (Canadian Competition Rules) Precisions 2017. For the BC Cup Series Technical Guidelines please refer to the CCBC web-site:  
<http://crosscountrybc.ca/technical-guidelines>
- COMPETITION COMMITTEE:**
- |                        |                        |  |              |
|------------------------|------------------------|--|--------------|
| Chief of Competition:  | David Lloyd            | <a href="mailto:dllloyd46@gmail.com">dllloyd46@gmail.com</a>                 | 250-862-5108 |
| Chief of Courses:      | Tim Mayer              | <a href="mailto:kumitim@telus.net">kumitim@telus.net</a>                     | 250-862-6606 |
|                        | James Williams         | <a href="mailto:jilljames@shaw.ca">jilljames@shaw.ca</a>                     | 250-979-1255 |
| Chief of Stadium:      | John Gordon            | <a href="mailto:johnandkim.gordon@gmail.com">johnandkim.gordon@gmail.com</a> | 250-494-7300 |
| Chief of Timing:       | Dean Sader             | <a href="mailto:dpsader@shaw.ca">dpsader@shaw.ca</a>                         | 250-707-0047 |
| Competition Secretary: | Jillian Stamp          | <a href="mailto:jill@telemarkracers.org">jill@telemarkracers.org</a>         | 250-979-1255 |
| Sponsorship/Media:     | Alison Campbell-Urness | <a href="mailto:acampbellurness@gmail.com">acampbellurness@gmail.com</a>     |              |
| Technical Delegate:    | Dirk Rohde             | <a href="mailto:DRohde@epicor.com">DRohde@epicor.com</a>                     |              |
- EVENT WEB-SITE:** Information on all event details is at <http://telemarkracers.org/2018-teck-bc-championship/>
- REGISTRATION:** Registration and fee payment is on-line only at: <https://zone4.ca/register.asp?id=17317>
- If you experience any difficulties or have questions about registration please contact the Competition Secretary.
- Event Participation Waiver must be completed as part of the on-line registration.
- RACE ENTRY DEADLINE:** Entry deadline is: **Sunday, February 11<sup>th</sup>, 2018 AT MIDNIGHT PST**
- LATE ENTRIES WILL BE ACCEPTED up until Tuesday, February 13<sup>th</sup> 12 Noon PST and will be subject to a \$20 per race late entry fee. Also, late registrations will not be seeded. Please contact the Competition Secretary for assistance as the web registration will be unavailable.***
- Relay team entry deadline is 9:00 am, Saturday, February 17<sup>th</sup>, 2018.***

**LICENCES:** All competitors skiing in **Midget to Open** categories of both the mass start and/or interval start races must have at least one of the following licences:

- CCC Racing Licence
- FIS Licence
- Other National Ski Licence
- CCC Supporting Day Member Licence

Competitors in **Masters age categories and Bantam/PeeWee/Atoms** categories do not need a licence to compete but must be members in good standing of a CCC club.

The relay is not a nationally sanctioned event and no licence is required for any of the categories.

**SEEDING:** Seeding will be used for all age categories with the exception of Masters, Bantam, Pee Wee and Atoms categories. If two or more age categories of the same gender are skiing a common distance (for example, Junior Boys and Junior Men) they will be seeded together using the current Canada Points List. These categories will be combined for the start list but uncombined for results and awards.

For the Friday Mass Start race, order of start will be determined directly from the current Canada Points List whereby the highest point's holder starts first within the category.

There will be no seeding for categories that do not require a racing licence (e.g., Masters and Bantam and younger). Order of start will be by random draw.

**REFUNDS:** Refunds will only be issued for those competitors who withdraw from the event prior to the race entry deadline of February 11<sup>th</sup>, 2018 at midnight.

**RELAY:** Each relay team is comprised of 3 skiers. There are 9 relay categories:

- Pee Wee Boys: Atoms and Pee Wees (Age 9 & under)
- Pee Wee Girls: Atoms and Pee Wee (Age 9 & under)
- Midget Boys: Bantams and Midgets (Age 10 to 13)
- Midget Girls: Bantams and Midgets (Age 10 to 13)
- Junior Men: Juveniles and Juniors (Ages 14 to 19)
- Junior Women: Juveniles and Juniors (Ages 14 to 19)
- Open Men: Open & Masters Men
- Open Women: Open & Masters Women
- ParaNordic (Sit & Standing, Male and Female)

***Relay Rules:***

- Younger skiers may ski on older age category relay team, however, the reverse is not permitted.
- A maximum of one female skier may compete on a male relay team.
- An 'Official' relay team will have 3 team members from the same club. Club Championship trophy points will not be awarded to unofficial teams.

*Relay registration for pre-registered athletes will be open on Monday, February 12<sup>th</sup> until 9:00 am Saturday, February 17<sup>th</sup>.*

*The link to the no-fee, on-line relay registration will be e-mailed to all registered coaches and it will be available on the event web-site.*

**START LISTS:** Start lists for each day of racing will be posted at the Telemark Chalet and available on-line at [www.zone4.ca](http://www.zone4.ca) .

**RACE OFFICE:** The event race office will be in the downstairs of the Telemark Chalet. Hours are as follows:

- Thursday 1-4 pm
- Friday 8 am - 4 pm
- Saturday 8 am – 4 pm
- Sunday 8 am - 1 pm

**BIB PICK-UP:** Bibs for each day of racing will be distributed from the Race Office upon opening of race office.

**AWARDS:** Teck, a diversified resource company based in BC, is the title sponsor of the BC Cup series. Teck provides the awards for ages 15 and under. All Atoms will receive a special Teck participant ribbon. Awards for ages 16 and over will be provided by Telemark. Awards ceremony will occur directly after each day of racing with the exception of Saturday's race.

Teck BC Cup Series aggregate awards will be presented at the evening awards ceremony. Please see the Technical package for more information on the aggregate awards.

**CLUB TROPHY:** The BC Championships is also an annual club competition. Each participating CCBC club accumulates points and the club with the most points is awarded the Club Championship trophy. Points are awarded to the top 5 finishers on Saturday and the top 5 official relay teams on Sunday. See Technical Package for complete details.

**AWARDS CEREMONY:** The awards for the Teck BC Cup Series aggregate awards will be presented at the evening awards ceremony. Please see the Technical package for more information on the aggregate awards.

The awards ceremony, offering desert and refreshments, is on the Saturday evening at: Westbank Community Hall, 2466 Main St, in downtown West Kelowna.

The \$10 fee for each racer is included in the race registration fees.

Due to the capacity of the community hall, a limited number of additional tickets for family and coaches will be available at the race office for \$10 on Saturday from 10:30 AM to 2PM.

Tickets must be picked up at the race office by end of day Saturday and will be distributed by club/team.

The Telemark Junior Race team will also be selling raffle tickets as a team fundraising activity.

**CONCESSION:** There will be a concession available.

**FACILITIES:** There is a day lodge at the race site. In addition, one of the machine sheds will be available for shelter. Portable toilets will be located close to the stadium area.

**TRAIL FEES:** Trail fees will be waived for all competitors, coaches and assistant coaches on each race day and on the official training day, Thursday, February 15<sup>th</sup>. Passes must be picked-up at the Telemark office and displayed while using the facilities. No pass is required during competition days.

**WAX FACILITIES:** Outdoor electrical outlets are available on the roadway leading from the parking lot to the stadium. Waxing is not permitted in the day lodge. Additional power will be made available from the 'old' groomer shed, located nearest to the Telemark chalet, however, it is on a first come, first 'plugged-in' basis. Teams are encouraged to bring portable generators and tents.

**WAX TESTING:** NO WAX TESTING ALLOWED on the course. No exceptions. A wax testing area will be designated.

**GLIDE WAX PROTOCOL:** Cross Country BC respectfully requests all coaches, wax technicians and parents abide by a self-governed protocol while waxing skis for athletes racing in ***ALL age categories at all BC Cup races*** (and includes the BC Championships). This protocol also applies to coaches, athletes, wax technicians and parents traveling to BC from out-of-province or out-of-country.

The Low Fluoro Glide Waxing Protocol is as follows:

- Structure tools ARE permitted.
- Non-Fluoro (NF) or Low Fluoro (LF) glide waxes ARE permitted.
- Medium Fluoro (MF) or High Fluoro (HF) glide waxes are NOT permitted.
- Pure Fluoro glide waxes (powders, pucks, blocks and liquid) are NOT permitted.
- Cold weather powder additives and hardeners are NOT permitted.

***The adherence to this protocol is self-governed and is the responsibility of the coaches, parents and wax technicians.***

**COURSE MAPS:** Course maps are available on the event web-site:

<http://telemarkracers.org/2018-teck-bc-championship/>

**WEATHER:** For trail and snow conditions or visit <http://telemarknordic.com/current-trail-conditions/>

**CANCELLATION:** A decision to cancel or move this race to a different venue, within the Okanagan Valley, will be made in consultation with the organizing committee, the Technical Delegate and Cross Country BC. Race fees are not refundable.

**ACCOMMODATION:**  **The Cove Lakeside Resort** 4205 Gellatly Rd. Contact the Cove directly at 250-707-1800 or Toll free: 1-877-762-7683. (\*\* Sold Out\*\*)

**Holiday Inn in West Kelowna:** Direct at 250-768-8879 or Toll free: 1-877-660-8550.

**Best Western Plus – Wine Country Hotel & Suites Phone: 250-707-1637**

<http://www.bestwesternwinecountry.com/>

**RACE DISTANCES AND FEES:**

*\*Masters Age Categories will be offered in 10 year increments from 30-39 up to 70+*

CATEGORY	YEAR OF BIRTH	Friday, Feb 16 <sup>th</sup> Start: 11AM Mass Start Free Technique		Sat, Feb 17 <sup>th</sup> Start: 10AM Interval Start Classic Technique		Sunday, Feb 18 <sup>th</sup> Start: 10AM Relay (3 leg) Free Technique \$10 per person (\$30/team)
		Distance:	Fee:	Distance:	Fee:	
<u>Atom Boys</u> AB1 AB2 AB3	2012 2011 2010	1.0 km	\$5.00	1.0 km	\$5.00	PEE WEE RELAY (ATOMS & PEE WEES Age 9 & under) 3 x 1.0 km
<u>Atom Girls</u> AG1 AG2 AG3	2012 2011 2010	1.0 km	\$5.00	1.0 km	\$5.00	
<u>Peewee Boys</u> PB1 PB2	2009 2008	1.5 km	\$10.00	1.5 km	\$10.00	
<u>Peewee Girls</u> PG1 PG2	2009 2008	1.5 km	\$10.00	1.5 km	\$10.00	
<u>Bantam Boys</u> BB1 BB2	2007 2006	2.7 km	\$15.00	2.0 km	\$15.00	MIDGET RELAY (BANTAMS & MIDGETS Ages 10 - 13) 3 x 2.0 km
<u>Bantam Girls</u> BG1 BG2	2007 2006	2.7 km	\$15.00	2.0 km	\$15.00	
<u>Midget Boys</u> MB1 MB2	2005 2004	3.5 km	\$15.00	2 x 2.7 km	\$15.00	
<u>Midget Girls</u> MG1 MG2	2005 2004	3.5 km	\$15.00	2 x 2.7 km	\$15.00	
<u>Juvenile Boys</u> JVB1 JVB2	2003 2002	2 x 3.5 km	\$20.00	2 x 5.0 km	\$20.00	JUNIOR RELAY (JUVENILE & JUNIORS Ages 14-19) 3 x 3.5 km
<u>Juvenile Girls</u> JVG1 JVG2	2003 2002	5.0 km	\$20.00	2 x 3.5 km	\$20.00	
<u>Junior Boys</u> JB1 JB2	2001 2000	2 x 5.0 km	\$20.00	3 x 5.0 km	\$20.00	
<u>Junior Girls</u> JG1 JG2	2001 2000	2 x 3.5 km	\$20.00	2 x 5.0 km	\$20.00	
<u>Junior Men</u> JM1 JM2	1999 1998	2 x 5.0 km	\$20.00	3 x 5.0 km	\$20.00	
<u>Junior Women</u> JW1 JW2	1999 1998	2 x 3.5 km	\$20.00	2 x 5.0 km	\$20.00	
<u>Open Men</u> U 23 23+	1997, 1996, 1995 1994-1988	2 x 5.0 km	\$25.00	3 x 5.0 km	\$25.00	OPEN RELAY (OPEN & MASTERS) 3 x 5.0 km
<u>Open Women</u> U23 23+	1997, 1996, 1995 1994-1988	2 x 3.5 km	\$25.00	2 x 5.0 km	\$25.00	
<u>Master Men *</u>	1987 & earlier	2 x 5.0 km	\$30.00	3 x 5.0 km	\$30.00	
<u>Master Women *</u>	1987 & earlier	2 x 3.5 km	\$30.00	2 x 5.0 km	\$30.00	
ParaNordic Sit Ski Men		2 x 1.2 km	4 x 1.2 km	3.0 km	\$25.00	PN RELAY (SIT & STANDING) 3 X 1.0km
ParaNordic Sit Ski Women		2 x 1.2 km	4 x 1.2 km	3.0 km	\$25.00	
ParaNordic Standing Men				5.0km	\$25.00	
ParaNordic Standing Women				5.0km	\$25.00	

**SPONSORS:**

The following businesses and organization are generous sponsors of the Telemark Nordic Club:

